

Sports Medicine

Kevin Roberts

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Lemoore High School

CHECK IN: 8:30 am CONTEST BEGINS: 9:00 am

CLASS: Sports Therapy ROP or qualified entry level Sports Medicine course

ELIGIBILITY:

Students must be currently enrolled in Sports Medicine course. Students must possess basic entry level to intermediate sports medicine knowledge and skills.

SCOPE OF CONTEST:

This contest will be given in station form. Some elements will be timed practice, while others will be competency based. Contestants will receive a point value at each station based on their performance.

EQUIPMENT AND MATERIALS:

To be supplied by contest chairperson:

- Station cards
- Scorecards
- Tape (used at taping table)
- Pencils and color pencils
- Ice bags (with access to ice machine)
- 10 water jugs with 10 6-pack water bottles

TIME:

Roll will be taken promptly at 9 a.m. At this time, students will be placed in their stations by the contest coordinator. Time allowed for this competition is 2 HOURS.

SCORECARD:

Each contestant will receive their own scorecard that they must carry with them from station to station. The judge at each station will record the scores on all scorecards and initial.

TIE BREAKER:

In the event of a tie, the contestants involved in the tie will play a final tie-breaker relay race.