

# Medical Careers—CPR

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Lemoore High School

**CHECK IN: 8:30 am      CONTEST BEGINS: 9:00 am**

**CLASS:**

Medical Occupations -CPR, Hospital Health Occupations, Nursing Assistant, Home Health Aide

**ELIGIBILITY:**

Open to all students who have had class or training in CPR or those who feel they have the skills to compete in the competency areas listed below. Refer to General Information and Rules page.

**SCOPE OF CONTEST:**

1. Contestants will be assigned the role of a "Community Hospital" employee. They will be asked to explain CPR procedures as they go through the event. They must successfully perform CPR in a one-man rescue effort using a mannequin mask during ventilation. Contestants will also take a written examination on CPR procedure.
2. Competencies to be tested:
  - Explain necessity of the CPR procedure by taking a written test
  - Demonstrate the ABCs of CPR
  - Demonstrate proper depth and rate of ventilation
  - Demonstrate correct ratio of breaths to compression in a one-man rescue
3. Time limits may be assigned in each competency area

**TIME:**

Roll will be taken at 9 a.m. The time allowed for this competition is 2 ½ HOURS. Contestants will be evaluated on their ability to complete the project within the time specified.

**SCORECARD:**

Contestant will be scored on the following:

Written Test	50%
CPR Demonstration:	
ABCs occur	10%
Proper depth & rate of ventilation	10%
Proper depth & rate of compressions	10%
One-person rescue	20%
Total Possible	100%